



Resources

Lehigh Valley Community Services

Overview



Our community resource hub highlights vital services sorted into categories like healthcare, housing help, food programs, mental health services, educational support, and many more! Each resource offers clear descriptions and contact information, making it simple for people to locate the support they need.

Online Training



GCFGlobal

For almost 20 years, the GCFGlobal.org program has helped millions around the world learn the essential skills they need to live and work in the 21st century by offering self-paced online courses.

From Microsoft Office, email, reading, math, and more — GCFGlobal.org offers free learning resources on more than 200 topics, including more than 2,300 lessons and more than 2,000 videos, completely free.

Website

[Free Online Learning at GCFGlobal](https://www.gcfglobal.org/)

Employment Support



CareerOneStop

Online source for career exploration, training, and jobs.

Website

[Careers and Career Information - CareerOneStop](#)

CareerLink

In PA CareerLink[®], job-seekers have the ability to search and apply for job openings across the Commonwealth or narrow it down to their own town. You can create and upload a resume and make yourself available to thousands of employers. PA CareerLink[®] will also recommend jobs for you based on your preferences. One exciting feature is an automatic capture of all of your job-search activities within PA CareerLink[®]. You have the ability to record any outside job-search activities, too. All in one place. All for free.

Website

[PA CareerLink[®] - Welcome to PA CareerLink](#)

Mi Proximo Paso

Online source for career exploration (in Spanish)

Website

[miproximopaso](#)

Learn How to Become

LearnHowToBecome.org wants you to achieve your academic and career goals. To help, we've provided in-depth information on how to pursue a myriad of careers, as well as how to conduct an effective job search in a variety of fields and industries. Our guides include insight and advice from several experts and extensive research on different career paths. Peruse this section for a look at the education and training needed to begin-or advance -your career.

Website

[Career Advice & Resource Center | Become With Lantern](#)

My Perfect Resume

Create your perfect resume from any device with our free AI Resume Builder. Access content suggestions, ATS-friendly templates, & expert tips to get hired fast.

Website

[Free AI Resume Builder - Create With MyPerfectResume®](#)

Pennsylvania Career Guide

A curated guide to help you land your perfect job.

Website

[careerguide.pdf](#)

Accredited Schools Online

Vocational Careers: With significant and increasing demand for educated workers in fields such as health care support, vocational — or career and technical education (CTE)-is a vital form of academic, technical, and job preparation training that helps prepare qualified individuals ready to meet that demand. The following guide provides an overview of vocational careers, discusses the varied nature of vocational training and occupations, and provides insight into the earning potential of vocational jobs.

Educational Support



College Affordability Guide

Searching for a cheaper college education in Pennsylvania? Keep your options open. Public universities like Bloomsburg and Slippery Rock — part of Pennsylvania’s State System of Higher Education (PASSHE) — are always strong contenders. But smaller Pennsylvania schools like Cedar Crest and Saint Vincent may be just as affordable. Once you’ve explored our profiles, learn what you might receive in [state financial aid](#). For example, the Ready to Succeed Scholarship (RTSS) helps pay for tuition, fees *and* living expenses.

Website

[15 Cheap Colleges in Pennsylvania | 2024 Pennsylvania College Rankings](#)

College Credit Fast Track

College Credit FastTrack is dedicated to assisting current and prospective students in obtaining college credit at one of the participating colleges based on prior work or life experience. Credit can be awarded for knowledge gained while living your life... whether it be by working, participating in employer sponsored training programs, military service, independent study, community service, volunteering or even completing open-source courseware.

Website

[Prior Learning Assessment Platform | College Credit FastTrack](#)

EDsmart

The Best Scholarship Websites to Fund Your Education. As well as a guide for students with disabilities.

Website

[Best Scholarship Websites To Fund Your Education In 2023,2024 & Beyond](#)

[Winning: A College Guide For Students With Disabilities](#)

Learn How to Become

LearnHowToBecome.org wants you to achieve your academic and career goals. To help, we've provided in-depth information on how to pursue a myriad of careers, as well as how to conduct an effective job search in a variety of fields and industries. Our guides include insight and advice from several experts and extensive research on different career paths. Peruse this section for a look at the education and training needed to begin-or advance -your career.

Website

[Career Advice & Resource Center | Become With Lantern](#)

Edvisors

At Edvisors, we believe funding your education shouldn't be complicated. That's why we offer easy-entry scholarship sweepstakes -no GPA or essay required. With more than \$1 million awarded to students, we're proud to make higher education more accessible, one scholarship at a time.

Website

[Featured Scholarships | Edvisors](#)

Fast Web

Fastweb is a free scholarship search platform that connects students to college scholarships, [trade school scholarships](#), and financial aid news and resources. Our goal is to help you find scholarships to make college and trade school more affordable.

Website

[Find Scholarships for College and Trade School | Fastweb](#)

Reentry Support



Ex-Offender Resources

A list of resources to help ex-offenders re-enter the work force.

Website

[Ex-Offender-Information-10-16.pdf](#)

Pinebrook Family Answers

Adult Reentry Services.

Website

[Adult Reentry Services - Pinebrook Family Answers](#)

Literacy Programs



Free ESL Classes

English as a second language courses.

Website

[Free-ESL-Classes-1.pdf](#)

GED Testing Service

Your official online resource to prepare for and earn your high school equivalency diploma.

Website

[Home - GED](#)

Bethlehem Public Library

Your Library Card gives you access to great information.

Website

[Research & Learning – Bethlehem Area Public Library](#)

Healthcare



Children's Health Insurance Program (CHIP)

The Children's Health Insurance Program or CHIP is Pennsylvania's program to provide health coverage to uninsured children and teens who are not eligible for or enrolled in Medicaid/Medical Assistance. Regardless of the reasons your children might not have health insurance, CHIP may be able to help you.

Website

[CHIP | Department of Human Services | Commonwealth of Pennsylvania](#)

COMPASS

Online tool to apply for many health and human service programs and manage benefit information.

Website

[COMPASS Homepage - COMPASS Homepage Landing \[HPDFT\]](#)

Phone Number

800-692-7462 Monday-Friday 8:30-4:30pm

• If you are hearing impaired, call TTY/TTD at 800-451-5886

Abuse Hotline/Help



Keep Kids Safe

Trained specialists are available 24/7 to receive referrals of suspected child abuse and general child well-being concerns.

Phone Number

Call ChildLine: 1-800-932-0313

Website

Or report online: [Keep Kids Safe | Department of Human Services | Commonwealth of Pennsylvania](#)

Adult Protective Services

Do you suspect elder abuse or abuse of an adult living with a disability? The Statewide Elder Abuse Helpline is available 24/7.

Phone Number

Call the Adult Protective Services Hotline at 1-800-490-8505

Turning Point of Lehigh Valley

Offers confidential resources to individuals and families facing domestic and intimate partner abuse.

Address

444 E. Susquehanna St. Allentown, PA 18103

Phone Number 610-797-0530

Website [Home - Turning Point of Lehigh Valley](#)

Bloom for Women Offers home and sanctuary to women and children survivors of sex trafficking and sexual exploitation.

Address 1425 Mountain Drive North Bethlehem, PA 18015

Phone Number 610-866-5755

Website [Bloom For Women | Safe Housing | Bethlehem PA](#)

Crime Victims Council of the Lehigh Valley Rape crisis counseling program, empowering victims of sexual violence to integrate the effects of victimization into their lives.

Address 801 Hamilton Street, Suite 300 Allentown, PA 18101

Phone Number **Office:** 610-437-6610, **24/7 hotline:** 610-437-6611

Website [Crime Victims Council of the Lehigh Valley | 24-Hour Hotline](#)

National Domestic Violence Hotline Free, confidential, 24/7 helpline

Phone Number

1 800-799-7233

1 800-787-3224 (TTY)

Text “START” to 88788

Website

[Domestic Violence Support | National Domestic Violence Hotline](#)

Website provides live chat as well

National Sexual Assault Hotline

Free, confidential support 24/7 by phone, chat, or text.

Phone Number

Call 800-656-4673, Text HOPE to 64673, [Chat at hotline.RAINN.org](#)

Website

[Homepage - RAINN](#)

Suicide Prevention



Suicide & Crisis Lifeline

Calling **988** connects Pennsylvanians to safe, secure, and confidential behavioral or mental health crisis services.

Phone Number

Call **988** if you or someone you know is:

- depressed,
- going through a hard time,
- needs to talk, or
- is thinking about suicide.

Website

Please visit [Get Suicide or Mental Health Crisis Help \(988\) | Commonwealth of Pennsylvania](#) for more helpful information.

Homeless Shelters



Allentown Rescue Mission-Gateway Center

Men's Emergency Shelter.

Address

355 Hamilton St. Allentown, PA – 18105

Phone Number

610-740-5500

The Salvation Army | Lehigh Valley

Women & Children's Emergency Shelter

Address

344 N 7th St. Allentown, PA – 18102

Phone Number

610-432-0128

Roof over for Women and Children

Women & Children's Shelter

Address

902 Philadelphia Rd Allentown, PA – 18042

Phone Number

610-253-4253

Office hours: Mondays through Fridays 8:30am - 4:30pm.

Must be a Northampton County resident and be over the age of 18.

**Sixth Street
Family Shelter**

Family Shelter

Address 219 N. 6th St Allentown, PA –18102

Phone Number 610-435-1490

**Victory House of
Lehigh Valley**

Men's Shelter

Address 314 Filmore St. Bethlehem, PA -18015

Phone Number 610-691-3373

**New Bethany
Ministries**

Non Emergency Men, Women, & Children's Shelter.

Address 337 Wyandotte St. Bethlehem, PA -18015

Phone Number 610-691-5602

**Bethlehem
Emergency
Sheltering**

Cold weather emergency shelter.

Open from November 15 to April 8.

Address 75 E Market St. Bethlehem, PA 18018

Phone Number 484-379-6694

**Cay Galgon
Shelter**

Women & Youth's Shelter.

Address 75 E Market St. Bethlehem, PA 18018

Phone Number 610-867-9546

**Safe Harbor
Shelter**

Men & Women's emergency shelter.

Address 536 Bushkill Dr. Easton, PA 18042

Phone Number 610-258-5540

**Third Street
Alliance**

Women & Children's shelter.

Address 41 N Third St. Easton, PA 18042

Phone Number 610-258-6271

**Easton Area
Neighborhood
Center**

Family shelter.

Address 902 Philadelphia Rd. Easton, PA 18042

Phone Number 610-253-4253

Housing



Allentown Bureau of Building Standards and Safety

Handles complaints on unsafe living conditions in rental housing/apartments.

Address 425 Hamilton St. Room 20 Allentown, PA 18101

Phone Number 610-437-7690

Complaints: 610-437-7694

Allentown Housing Authority

Apply for public housing or section 8 Housing, based on income.

Address 1339 Allen St. Allentown, PA 18102

Phone Number 610-439-8678 (Office)
610-439-0481 (Tenant Selection)

Website [Allentown Housing Authority](#)

Alliance for Building Communities

A home buying program for lower income people and families. ABC assists them to become homeowners by providing fully rehabilitated homes at affordable prices.

Address 532 W Walnut St. Allentown, PA 18101

Phone Number 610-439-7007

Website [Alliance for Building Communities - Affordable housing](#)

American Red Cross - Lehigh Valley Chapter

Provides emergency housing assistance in disasters and fires.

Address	3939 Broadway, Allentown, PA 18104
Phone Number	800-733-2767
Website	Disaster Shelters Find Shelters American Red Cross

The Beall and Linny Fowler Hospitality for Women & Children	Emergency shelter for Women and Children.
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Address	344 N 7 th St. Allentown, PA 18102
Phone Number	610-432-0128

The Salvation Army	Emergency housing for people and families.
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Address	521 Pembroke Rd. Bethlehem, PA 18018
Phone Number	610-849-2259

Bethlehem Bureau of Inspections	Receives and acts on rental housing complaints and issues with building permits.
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Address	10 East Church St. Bethlehem, PA 18018
Phone Number	Office 610-865-7000 Complaints 610-865-7091
Website	City of Bethlehem

Bethlehem Housing Rehabilitation Program

Grants and loans to qualified owners in Bethlehem to correct code violations, rehabilitate homes.

Address	10 East Church St. Bethlehem, PA 18018
Phone Number	610-865-7096

Catholic Charities

Provides aid for Adoption services, Asset development services, Basic needs services, Community services, Counseling and behavioral health services, Employment services, Food distribution services, Health-related services, Housing Services, Information and/or referrals, Migrant services, Parish social ministry services, Pregnancy and parenting services, Prepared food services, PSH and rapid-rehousing services, and Senior Services.

Address	402 W Chew St. Allentown, PA 18102
Phone Number	610-435-1541
Website	www.catholiccharitiesad.org

Community Action Lehigh Valley

Runs free first time home buying classes, counseling programs, can assist with home buying cost, and runs free income tax filing service for lower income adults/families during tax season.

Address	1337 East 5 th St. Bethlehem, PA 18015
Phone Number	610-691-5620

Easton Housing Authority

Apply for public housing and section 8 housing.

Address 221 S 4th St. Easton, PA 18042

Phone Number 610-258-0806

Website [Easton Housing Authority](#)

Lehigh Conference of Churches

Pathways Housing Services offers a full spectrum of housing services designed for those who are homeless, about to be homeless, or in an unstable housing situation.

Address 457 W. Allen St. Allentown, PA 18102

Phone Number 610-439-8653

Website [Home - The Lehigh Conference of Churches](#)

The Nehemiah Wall

Many women have been incarcerated, battered and abused, betrayed, abandoned and left with no hope. Here at T.N.W. our goal is to help women mainstream back into society where they can function as stable women knowing that we care. Our objective is to assist women in sustaining spiritually alive, emotionally balanced, mentally sound and socially adjusted. T.N.W. also offers help with counseling, employment assistance, temporary housing, life skills, education and financial support as we tap into the agencies that will meet the needs of each individual woman.

Address 822 West Broad St. Bethlehem, PA 18018

Phone Number 610-659-5396

Website

[The Nehemiah Wall](#)

Clubhouse of Lehigh County

Our mission is to offer persons with mental illness a safe and healing environment wherein each person is given the opportunity to explore their personal and vocational potentials to their fullest and to receive support in achieving their goals.

Address

1437 W. Gordon St. Allentown, PA 18102

Phone Number

610-433-9910

Website

[Clubhouse of Lehigh County - Mental Health Help | Allentown PA](#)

Bethlehem Housing Authority

Apply for public housing or section 8 Housing, based on income.

Address

645 Main St. 4th Floor, Bethlehem, PA 18018

Phone Number

610-865-8300

Website

[Bethlehem Housing Authority](#)

Assistance Programs



COMPASS

Online tool to apply for many health and human service programs and manage benefit information.

Website

[COMPASS Homepage - COMPASS Homepage Landing \[HPDFT\]](#)

Phone Number

800-692-7462

Monday-Friday 8:30-4:30pm

If you are hearing impaired, call TTY/TTD at 800-451-5886

Pennsylvania WIC (Women, Infants, Children)

The Pennsylvania Special Supplemental Nutrition Program for Women, Infants and Children.

Website

[Welcome to Pennsylvania WIC](#)

Phone Number

1-800-942-9467

Medical Assistance for Workers with Disabilities (Medicaid)

Is a Medicaid eligibility category that allows people with disabilities to have a job and keep their Medicaid coverage.

Address **Lehigh County Assistance Office** 555 Union Blvd., Suite 3 Allentown, PA 18109

Phone Number 610-821-6509

Website [Apply for Medical Assistance for Workers with Disabilities \(MAWD\) | Commonwealth of Pennsylvania](#)

**Allentown Office
of Vocational
Rehabilitation**

A place that supports people with disabilities in obtaining and maintaining employment.

Address 45 N 4th St. Allentown, PA 18102

Phone Number 610-821-6441

**Via of the Lehigh
Valley**

Via of the Lehigh Valley is a non-profit agency that provides services for children and adults with disabilities like autism, cerebral palsy, and Down syndrome.

Address 336 W. Spruce St. Bethlehem, PA 18018

Phone Number

610-317-8000

For admission or program information, contact: Kim Tracy, Director of Admissions and Incident Management

K.Tracy@ViaNet.org | 610-317-8000 x461

Website

[What We Do](#) | [Via of the Lehigh Valley](#)

Find My Ride

Pennsylvania offers assistance programs to make transportation accessible and affordable to everyone. This site will help you learn about transportation services and assistance programs.

Address

1060 Lehigh St, Allentown, PA 18103

Phone Number

610-253-8333

Website

<https://www.lantabus.com/lantavan/>

Pennsylvania 211

If you need to connect with resources in your community, but don't know where to look, PA 211 is a great place to start. From help with a utilities bill, to housing assistance, after-school programs for kids, and more, you can dial 211 or text your zip code to 898-211 to talk with a resource specialist for free. Our specialists will listen to your needs and give you information on programs in your community that might be able to help.

Phone Number

Dial 211 or text your zip code to 898-211

Website

[About Us - PA 211](#)

Legal Service



North Penn Legal Service

NPLS provides free legal aid services on civil cases to low-income families, individuals, and groups in Northeastern Pennsylvania every day.

Address 559 Main St. Bethlehem, PA 18018

Phone Number 610-317-8757

Website [Resource Library](#)

Crisis Lines



Lehigh County Crisis Intervention

24 hours every day.

Phone Number

610-782-3127

Northampton County Emergency Services

24 hours every day.

Phone Number

610-252-9060

Universal Mental Health Crisis Warmline

24 hours every day.

Phone Number

Dial *988*

Lifeline Crisis Chat

Online chat available 2pm-2am every day

Phone Number

1 800-273-8255 available 24/7 Text “HOME” to 741741 for Lifeline Crisis Chat

Website

[CrisisChat - Chat](#)

Trans Lifeline

Trans Lifeline provides trans peer support for our community that’s been divested from police since day one. We’re run by and for trans people. **Operating hours are Monday-Friday 1pm-9pm.**

Phone Number

877-565-8860 Call or Text.

Veterans Crisis Line

24/7, confidential crisis support. You don't have to be enrolled in VA benefits or health care to connect.

Phone Number

Dial 988 then press 1

Or online chat

[Chat](#) | [Veterans Crisis Line](#)

Website

[Veterans Crisis Line](#)

National Call Center for Homeless Veterans

If you are or know a Veteran who is homeless or at risk of becoming homeless, you may contact the National VA Call Center for Homeless Veterans. These resources are also available to Veterans' family members and friends, VA medical centers, VA partners, community agencies, and service providers.

Phone Number

24/7 Support, Call 1-877-424-3838 and press 1

Or Online Chat [Chat | Veterans Crisis Line](#)

War Vet Call Center

A Vet call center to talk about your military experience or other concerns during your transition from military to civilian life. The team is comprised of Veterans from several eras as well as family members of Veterans.

Phone Number

1-877-927-8387

Women Veterans Call Center

The Women Veterans Call Center (WVCC) provides VA services and resources to women Veterans, their families, and caregivers. You can also chat online anonymously with a WVCC representative.

Phone Number

1-855-829-6636, Monday-Friday 8am-10pm, and Saturday 8am-6:30pm.

Real Warriors

Real Warriors, a program through the Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE), provides information and resources about psychological health, Posttraumatic Stress Disorder (PTSD), and traumatic brain injury.

Phone Number

24/7 support, 1-866-966-1020

Or online chat [Real Warriors Online Chat](#)

Before Crisis Occurs



Lehigh County Warmline

24 hours every day

Phone Number

833-899-1331

Northampton County Peer Line

24 hours every day

Phone Number

855-727-3377

Substance Abuse



Northampton County Drug and Alcohol Help Line

8:00am-5:00pm Monday-Friday

Phone Number 610-829-4357

Treatment Trends Providing a continuum of programs in Lehigh Valley. Evaluation and referral, inpatient treatment, intensive outpatient treatment, outpatient treatment, and transitional living services for recovering addicts, veterans, and their families.

Address 24 S 5th St. Allentown, PA 18101

Phone Number 610-432-7690

Website [Community Recovery Resources | Treatment Trends Inc – United States](#)

White Deer Run Our goal at White Deer Run of Lehigh is to provide the most well-rounded addiction treatment experience possible. Your days will be filled with the opportunity to participate in a variety of therapeutic interventions ranging from medication management to individual and group therapy.

Address 1620 Riverside Dr. Bethlehem, PA 18015

Phone Number 484-895-1486

Website [Lehigh County's Leading Drug & Alcohol Addiction Treatment and Rehab Center | White Deer Run of Lehigh](#)

**Alcohol
Anonymous** 24-hour hotline.

Phone Number 610-882-0558

Website	AA Lehigh Valley – Alcoholics Anonymous Lehigh Valley: AA Meetings Allentown, Bethlehem, Easton
Narcotics Anonymous	NA meetings are run by and for addicts. If you're looking for help for a loved one, you can contact Narcotics Anonymous near you.
Phone Number	610-439-1998
Website	Narcotics Anonymous
CoDA (Co-Dependents Anonymous)	A fellowship of men and women whose common purpose is to develop healthy relationships. The only requirement for membership is a desire for healthy and loving relationships
Address	Colesville CoDA: Church of the Assumption – 4101 Old Bethlehem Pike, Bethlehem, PA 18015 – Meetings are on Thursdays at 7:30pm
Phone Number	Anne – 610-533-3855 – akhedrick10@gmail.com
Website	Your First Meeting - CoDA.org
Adult Children of Alcoholics/Dysfunctional Families	ACA is a twelve Step, Twelve Tradition program of men and women who grew up in alcoholic or otherwise dysfunctional homes.
Address	Oasis Community Center - 3410 Bath Pike, Bethlehem, PA 18017 – Meetings are on Thursdays at 5:00pm
Phone Number	484-747-6825 – info@oasisbethlehem.org
Website	ACA Meetings Adult Children of Alcoholics & Dysfunctional Families
Gamblers Anonymous	A fellowship of men and women who share a common desire to stop gambling.
Address	801 Ostrum St. Bethlehem, PA 18015 – Meetings are on Saturdays at 11:00am (Open meeting*, Priscilla Payne Hurd Education Center Room 113, located past the hospital on the corner of Ostrum and Bishopthorpe St.)

The Salvation Army

Gamblers Anonymous meetings

Address

521 Pembroke Rd. Bethlehem, PA 18018

Meetings are on **Thursdays at 7:30pm** (Closed meeting *)

***Closed meetings:** Only those with a gambling problem, or those who think they may have a gambling problem, with a desire to stop gambling, are eligible to attend and participate.

***Open Meetings:** Spouses, family, and friends are welcome to attend and observe the meeting.

Website

[US Meetings - Gamblers Anonymous](#)

Outpatient Services



Lehigh Valley Hospital - Cedar Crest

Lehigh Valley Health Network - Behavioral Health.

Address 1259 S Cedar Crest Blvd. Ste 230, Allentown

Phone Number 610-402-5900

Lehigh Valley Hospital - Muhlenberg

Lehigh Valley Health Network - Behavioral Health.

Address 2710 Schoenersville Rd. Bethlehem

Phone Number 610-297-7500

St. Luke's University Network

Behavioral Health provides a wide variety of mental health services from treating depression and serious mental illness to helping people cope with anxiety and stress disorders.

St. Luke's Behavioral Health Inpatient Units:

Phone Number 484-602-2733

**Sacred Heart
Campus Adult
Inpatient** 421 West Chew St. Allentown, PA

St. Luke's Behavioral Health Outpatient Units:

Phone Number 484-822-5700

**Sacred Heart
Campus Adult
Outpatient**

421 West Chew St. Allentown, PA

**St. Luke's
Behavioral Health
Partial
Hospitalization
Unit:**

Behavioral Health provides a wide variety of mental health services from treating depression and serious mental illness to helping people cope with anxiety and stress disorders.

Address 421 West Chew St. Allentown, PA

Phone Number 484-838-6380

**Center for
Integrated
Behavioral Health**

At CIBH, you receive truly integrated care that addresses root causes — seamlessly combining evidence-based therapies, functional nutrition, psychiatric consultation and drug tapering, and coaching services. We provide the honest conversations about traditional mental health treatments, psychiatric drugs and alternatives that you deserve but rarely receive elsewhere.

Address 1 East Broad St. Ste 510, Bethlehem, PA 18018

Phone Number 610-865-4300

Education Programs



Family to Family Education Course

Free 8 Week program meeting once a week. Designed for family members& loved ones of a person with mental illness. This course provides opportunity to learn more about mental illness & mental health care system, resources, as well as self-care, coping mechanisms and crisis strategies.

Address

802 W. Broad St. Bethlehem, PA 18018

Phone Number

610-882-2102

Peer to Peer Education Course

Free 8 week program meeting once a week. Structured for those diagnosed with mental illness interested in achieving and maintaining wellness. Taught by trained facilitators with relatable experience, this program is comprised of a combination of lecture, discussion, interactive, exercises and stress management techniques while striving to provide empowerment, support, communication skills and recovery plan.

Address

802 W. Broad St. Bethlehem, PA 18018

Phone Number

610-882-2102

Support Groups



American Foundation for Suicide Prevention

Suicide Prevention & Support for those affected by suicide.

Address

2545 Schoenersville Rd. Bethlehem, PA 18017

First Tuesday of the month, 7:00pm-8:00pm

Phone Number

Marie Bartos, 484-330-0912, afsplv@gmail.com

Website

[Home](#) | [AFSP](#)

Allentown Location

Third Thursday of the month, 7:00pm-8:30pm

Address: First Presbyterian Church, 3231 W. Tilghman St. Allentown

DBSA of Lehigh Valley

Depression & Bipolar Support Alliance.

Address

First Presbyterian Church, 3231 W. Tilghman St. Allentown, Every
Wednesday night, 7:00pm-9:00pm

Website

[Depression and Bipolar Support Alliance – of the Lehigh Valley](#)

Haven House

Anger Management Support Group.

Address

1411 Union Blvd. Allentown, PA 18109

Phone Number

610-433-6181 Ext. 142

Website

[Home - Haven House](#) To register, contact Lauren Taggart,
lhiggins@haven-house.com

Artists in Recovery by Recovery Partnership

Providing an opportunity for local artists with mental illness to
exhibit their artwork free of charge.

Address	70 W. North St. Ste 101, Bethlehem, PA 18018
Phone Number	610-861-2741
Website	Recovery Partnership - Mental Health, Peer Support

MY LIFE (Magellan Youth Leaders Inspiring Future Empowerment)	Is helping to improve the lives of youth between the ages of 13 and 23 who are dealing with issues related to mental health, substance abuse, foster care and juvenile justice.
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Email	MBHofPA@magellanhealth.com to learn more about MY LIFE
Website	MY LIFE Magellan of PA

Family and Youth Services



YouthLine

YouthLine is a free peer-to-peer help, support, and crisis line for youth up to age 24.

Phone Number

877-968-8491, Text “teen2teen” to 839863

Website

[Get Help - YouthLine](#)

The Trevor Project

The Trevor Project’s mission is to end suicide among LGBTQ+ young people.

Phone Number

866-488-7386

Website

[The Trevor Project - Suicide Prevention for LGBTQ+ Young People](#)

Camelot for Children

A non-profit organization providing year-round social and educational opportunities to children with disabilities and chronic or terminal illnesses in a supportive, developmentally appropriate, enriching environment in order to make the magic of childhood accessible to children with unique needs.

Address

2354 W. Emmaus Ave. Allentown, PA 18103

Phone Number

610-791-5683

Website

[Contact Us - Camelot For Children](#)

Glenn R Koch & Associates

GRK & Associates proudly operates as a woman-owned business, dedicated to providing compassionate and effective mental health services to individuals and families in need. We are an integrated outpatient mental health counseling practice, offering personalized and evidence-based therapies to support individuals on their path to healing and well-being.

Address

961 Marcon Blvd Ste 312, Allentown, PA 18109

Phone Number

610-266-0610

Website

[Home - GRK & Associates](#)

Project SILK of Lehigh Valley

Silk Lehigh Valley is a drop-in program for LGBTQ people aged 14-29 that started in 2016. It is part of Valley Youth House, a Bethlehem-based nonprofit that serves vulnerable youth. We are dedicated to empowering and supporting LGBTQ+ youth, and the new Silk Lehigh Valley location represents a significant step in achieving this mission,” a statement from the nonprofit read. The program offers services such as access to HIV and STI testing, peer support and counseling. It also is a community space for LGBTQ youth and allies.

Address

522 W. Maple St. Allentown, PA 18101

Phone Number

610-347-9988

Website

[Home - Valley Youth House](#)

OMNI Health Services

Provides mental health services to children, adolescents, adults, and seniors. Programs include outpatient services, behavioral health rehabilitation services, adult autism waiver, and peer support.

Address

1246 W. Tilghman St. Allentown, PA 18102

Phone Number

484-221-8296

Website

[Omni Health: Mental health and preventive care services | PA-NJ](#)

KidsPeace

Orchard Behavioral Health: Outpatient mental health clinics, now serves adults as well as children. Over the years of treating children and adolescents, we have learned that parents and other caregivers can often benefit from our services as well to improve the overall functioning of the family. Clinics are structured as urgent care walk-in models.

Address

1620 Broadway Bethlehem, PA 18015

Phone Number

610-799-8600

Website

[kidspeace bethlehem pa - Search](#)

Cedar Point Family Services

Offering outpatient psychiatric services to help people cope with challenges that interfere with normal daily functioning with caring and professional staff including psychiatrists, masters-level and licensed psychotherapists.

Address	2456 Brodhead Rd. Bethlehem, PA 18020
Phone Number	484-821-2922
Website	NDTS

**Oasis Community
Center**

Through compassion and understanding of the family disease of addiction, the OASIS COMMUNITY CENTER provides education, support, and wellness programs to people who have experienced a substance-related loss, as well as families and friends impacted by a loved one’s active substance use.

Address	2456 Brodhead Rd. Bethlehem, PA 18020
Phone Number	484-821-2922
Website	Recovery from Family Member's Addiction Oasis Community Center

Food



Essentials Cafe

A pay-what-you-can community café.

Address

418 3rd Ave. Bethlehem, PA 18018

Website

[Essentials Cafe](#)

Concilio

Food Bank.

Pentecostal

Church of the

Truth Pantry

Address

544 Broadway St. Bethlehem, PA 18015

Phone Number

484-554-5722

Ebenezer New

Food Bank.

Reformed Church

Food Pantry

Address

3221 Bingen Rd. Bethlehem, PA 18015

Phone Number

610-838-0924

Hispanic Center

Food Bank.

Lehigh Valley Food

Pantry

Address

520 East 4th St. Bethlehem, PA 18015

Phone Number

610-868-7800

Holy Bethel

Food Bank.

Pentecostal Food

Pantry

Address 1224 East 4th St. Bethlehem, PA 18015

Phone Number 610-691-1244

**New Bethany
Ministries Pantry** Food Bank.

Address 333 West. 4th St. Bethlehem, PA 18015

Phone Number 610-691-5602

**New Jerusalem
Lutheran Church
Food Pantry** Food Bank.

Address 3233 Appleschurch Rd. Bethlehem, PA 18015

Phone Number 610-838-0731

**Bethlehem
Salvation Army
Food Pantry** Food Bank.

Address 521 Pembroke Rd. Bethlehem, PA 18018

Phone Number 610-867-4681

**Moravian Food
Bank** Food Bank.

Address 73 West Church St. Bethlehem, PA 18018

Phone Number 610-866-5661

**SS Simon & Jude
Food Pantry** Food Bank.

Address 730 West Broad St. Bethlehem, PA 18018

Phone Number 610-866-5582

**St. Mathew
Lutheran Church
Food Pantry** Food Bank.

Address 521 East Locust St. Bethlehem, PA 18018

Phone Number 610-867-6021

Trinity UCC Pantry Food Bank.

Address 81 East North St. Bethlehem, PA 18018

Phone Number 610-691-8200

**West Bethlehem
Food Bank** Food Bank.

Address 514 3rd Ave. Bethlehem, PA 18018

Phone Number 610-865-8216

**Calvary Baptist
Food Pantry
Bethlehem** Food Bank.

Address 111 Dewberry Ave. Bethlehem, PA 18017

Phone Number 610-365-5300

**Northeast
Ministries Food
Pantry** Food Bank.

Address 1161 Fritz Dr. Bethlehem, PA 18017

Phone Number 610-691-3355

**Allentown Area
Ecumenical Food
Bank**

Food Bank.

Address 417 N. 14th St. Allentown, PA 18102

Phone Number 610-821-1332

**Salem United
Methodist Church**

Food Bank.

Address 1401 West Linden St. Allentown, PA 18102

Phone Number 610-432-2577

Drop-in Centers & Social Programs



Lehigh Conference of Churches Daybreak Drop-In- Center

Daybreak, a weekday drop-in-center, gives people living with mental illness or physical disabilities and those struggling with addiction, or HIV/AIDS, as well as the neighborhood's elderly, a place to belong. Lockers, showers, clothing, access to computers, and trained caseworkers are available.

Address **Dubbs Memorial Community Center** - 457 W. Allen Street, Allentown, PA 18102

Phone Number 610-820-5049

Northampton County Drop-In- Center

This is a unique social rehabilitation program. It is a place to come, relax, and have some fun; meet new people and chat with friends, while having a snack and taking part in the various activities of the drop-in-center. We have guest speakers on a variety of topics; sponsor outings including bowling, miniature golf, going out to eat at different restaurants, shopping at community thrift stores and amusement park trips. We have holiday parties, dances, and trips to the park for nature walks. **If you require transportation, please call before 3 PM on the day transportation is needed for pick up.**

Address 70 W. North St. Bethlehem, PA 18018

Phone Number 610-954-5501

Website [Drop-In Center](#)

New Bethany- Southside Drop- In-Center

The Drop-In-Center houses the following programs: Afternoon meals, Hygiene Services, Office Services, and Wellness Center.

Address 333 West 4th St. Bethlehem, PA 18015

Phone Number 610-691-5602

